

Menu

ALWAYS AVAILABLE



COTTONWOOD
REHABILITATION & HEALTHCARE CENTER

Breakfast

ITEMS AVAILABLE 7AM-10AM

Buttermilk Pancake

Scrambled Eggs

Fried Eggs

(over easy, medium, hard)

French Toast

Omelets

(cheese, veggie, or meat of choice)

Bacon

Sausage Patties

Hashbrowns

Bread/Toast

(wheat, white, English muffins)

Yogurts

Cottage Cheese

Fresh Fruit

(strawberries, raspberries,
blueberries, blackberries)

Fruit subject to seasonal inventory

Lunch and Dinner

ITEMS AVAILABLE 11AM-6PM

Hamburger/Cheeseburger

Grilled Cheese

Add Turkey or Ham

Deli or Meat Sandwich

Turkey or Ham

With or Without Cheese

Hot Dog

Chicken Nuggets

Chicken Tenders

Chef Salad

Soup

Tomato, Chicken Noodle,
Cream of Mushroom

Drinks

Hot Chocolate

Brewed Coffee

Iced Tea

Whole Milk

Fruit Smoothies

Served 7am-10am

Shasta Sodas: Served from 11am-6pm

Cola, Diet Cola, Lemon Lime, Ginger Ale

House Nutritional Supplements

Served 7am-11am

Milkshakes: Served 11am-6pm

Juices: Orange, Apple, Cranberry

Sides

Tater Tots

Potato Chips

French Fries

Bacon Green Beans

Broccoli Cheese Casserole

Side Salad