

Menu

ALWAYS AVAILABLE

Well



TRINIDAD

REHABILITATION & HEALTHCARE CENTER



Good Morning: Farm to Table

BREAKFAST

Assorted Cereals

Selection of hot and cold cereals, served with milk, sugar and fruit.

The Omelet Bar

Scrambled or fried eggs, served with a choice of white or wheat bread.

Yogurt Parfait

Velvety yogurt served with fresh fruits.

Seasonal Fruit Plate

Sliced fresh fruit from our local market.

Classic Buttermilk Pancakes

Fluffy and golden, these pancakes are a delightful way to start your day.

French Toast

Bread slices dipped in an egg batter, griddled to a golden finish.

Sunrise Burrito

Savory fillings and vegetables wrapped in a warm tortilla.

Breakfast Pairings

Breads

Your choice of white or whole wheat bread, served fresh or toasted.

Smoked Bacon

Perfectly crisp and full of savory flavor.

Sausage

Juicy and well-seasoned, seared to a golden brown finish.

Golden Hash Browns

Crispy exteriors and tender interiors, a classic done right.



Day-to-Dusk Decadence

LUNCH/SUPPER

Entrees

Chicken Tenders

Crispy and seasoned,
served with care.

Chicken Fried Steak

Tender steak,
fried to perfection.

Chef's Salad

Fresh tossed local vegetables,
served with dressing.

Bit on the Side

Garden Salad

Cottage Cheese

French Fries

Fresh Vegetables

Fresh Fruit

Applesauce

Chips

Mashed Potatoes and Gravy

The Sandwich Shop

Classic Grilled Cheese

Melted cheese on your choice
of white or wheat bread.

Tuna Salad Sandwich

Tuna salad with crisp veggies
on white or wheat bread.

Egg Salad Sandwich

Egg salad with greens
and a touch of mayo.

Centennial Deluxe Burger

Premium beef, expertly
seasoned and grilled.

Swiss Alps Cheeseburger

Grilled beef patty with
melted cheese, fresh greens,
and toasted bread.

