

Menu

ALWAYS AVAILABLE



THE VALLEY
REHABILITATION & HEALTHCARE CENTER

Good Morning: Farm to Table

BREAKFAST

Assorted Cereals

Oatmeal, Cream of Wheat, Raisin Bran, Rice Krispies, and Froot Loops

Eggs Your Way

Scrambled, boiled or fried eggs, served with a choice of white or wheat bread.

Yogurt Parfait

Velvety yogurt served with fresh fruits.

Pancakes

Fluffy and golden, a delightful way to start your day.

French Toast

Bread slices dipped in an egg batter, griddled to a golden finish.

Breads

Your choice of white or whole wheat bread, served fresh or toasted.

Smoked Bacon

Perfectly crisp and full of savory flavor.

Sausage

Juicy and well-seasoned, seared to a golden brown finish.

Beverages

A variety of juices, coffee, milk and tea.

Day-to-Dusk Decadence

LUNCH/SUPPER

Mains

Chicken Tenders

Pizza

Classic Grilled Cheese

Quesadillas

Hamburgers

Cheeseburgers

Tuna Salad Sandwich

Egg Salad Sandwich

PB&J

Deli Sandwich

Your choice of turkey, ham or bologna.

Bit On the Side

Tossed Salad

French Fries

Potato Chips

Baked Potatoes

Soups

Tomato

Chicken Noodle

Cream of Chicken

Cream of Mushroom

Beverages & Dessert

Assorted Sodas

Variety of Juice

Milk

Tea

Coffee

Ice Cream

You choose the flavor.